> Br J Community Nurs. 2022 Apr 1;27(Sup4):S9-S12. doi: 10.12968/bjcn.2022.27.Sup4.S9

Dipping your toes into research: experiencing the transition from pure clinical work to combining clinical and research roles

#### Sophie Chalmers 1

Affiliations + expand PMID: 35373616 DOI: 10.12968/bicn.2022.27.Sup4.S9

Implementation science

٠

٠

#### Launching a collective clinical research resource for a local speech-language pathology team

Allied health professional research engagement and impact on healthcare performance: A systematic review protocol

Sophie Chalmers 🕱 James Hill, Louise Connell, Suzanne J. Ackerley, Amit Arun Kulkarni, Hazel Roddam

First published: 10 November 2022



## sophie.chalmers1@nhs.net

Acknowledgements: I would like to thank Dr Hazel Roddam, Prof Louise Connell, Rachel Hemingway & Ali Cherriman for there ongoing personal and professional mentorship and supervision throughout this project.

# A partnership approach to excellence in Allied Health clinical-academic **Research capacity building**

Sophie Chalmers, Speech & Language Therapist & Clinical-Academic Researcher

#### Background

In this project, The University of Central Lancashire (UCLan) and Bolton NHS Foundation Trust collaborated to pilot an in-house clinical-academic researcher secondment.

#### Aims

- 1. To provide a direct exchange of knowledge between academic and clinical practice
- 2. To produce high quality clinically led research that is relevant to the Bolton population
- 3. To provide excellence in patient care and experience by embedding evidence into practice
- 4. To facilitate AHP engagement with research through innovative activities to build skills and confidence

#### The Clinical-Academic Researcher

- 1 Band 6 0.4WTE (2 days/week September 2020-2022) over two years funded by Health Education Innovation
- Individual seconded from clinical role to clinical-academic role with split time between HEI and NHS
- NHS funded travel, conference and publication expenses ٠
- Joint supervision & mentorship across organisations



### **Outcomes & Impact**

Evaluated local AHP research culture & capacity

Established a new AHP Research Interest Group

8 clinical-research student placements

Research mentorship to 6 AHP disciplines/teams

1 successful Pre-Doc Fellowship

6 projects with conference presentations

6 projects with peer reviewed publications

#### Lessons Learnt & Recommendations

- 1. Formal research education should be agreed
- 2. Development of Band 6 to 7 due to progression of expertise, leadership and responsibilities
- 3. Additional roles across NMAHPs within the Trust and for AHPs across the region to enable peer support and ensure wider opportunities and impact across teams and individuals
- 4. Joint funding needs to be established and agreed across a minimum of 2+ years between HEI and NHS for sustainability