

CAHPR South West

Small Grants Scheme



Kathryn Bamforth

Which conference/study day did you attend?

02/11/23: Learning from Experiences: humanising care by listening to patients and staff symposium

(Point of Care Foundation)

What were the benefit of attending?

I met people from a range of healthcare backgrounds: professional, administrative, patient, to understand how we use experience in healthcare and learn about the power of story-telling.

My PhD project uses experience-based co-design to understand how staff and patients perceive healthcare professional psychological wellbeing at work and develop models to support wellbeing. Have completed the interviews, I am creating a summary catalyst film which will be used in the forthcoming co-design events. This course has supported me to think about how I support staff to share their experiences and stories in the next phase of my data collection.

What did you learn and how will you use that learning?

I learnt about the interpretivist nature of story-telling. Unlike patient safety and clinical effectiveness, experience is less quantifiable and ontologically opposed to a prevailing positivist paradigm. During the Schwartz Round, I reflected on our stressful working environments (particularly post-COVID) and how my co-design groups will be a unique opportunity to give staff time to reflect.